



Gertrud
Koch
Gesamtschule



Social activities at the
Gertrud-Koch
Gesamtschule

Our activities

- 1. International Volunteer Day**
- 2. Donation to the earthquake victims**
- 3. Visit to a nursing home**



General information

- introduced 1985 to promote, encourage, and recognize volunteer work
- celebrated once every year on the 5th of December
- 2022 the theme was „**solidarity through volunteering**“

This is what we did at the Gertrud-Koch Gesamtschule

Donation to the „Troisdorfer Tafel“





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- the Troisdorfer Tafel is a social organization in our city Troisdorf
 - functions like a food bank
 - helps out people who are financially underprivileged
 - schools, organizations and anyone wanting to donate can drop off a donation
 - donations can be packaged food, i.e. non perishable food or sanitary products



This is what we did on this special day

- we prepared some posters about the Volunteer Day to make the whole school aware of this day
- we asked all the classes to bring food and sanitary products to school
- we donated everything to the „Troisdorfer Tafel“

Donation to the earthquake victims

- After the earthquake in Syria and Turkey our school organized a fundraiser in which different products were collected to donate them.
- Our group bought a couple powerbanks which were, among other things, urgently needed.
- The boxes with all the donations were personally brought to a organization in Cologne
- The boxes were brought right away to Syria and Turkey with trucks.

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Visit to our local nursing
home-
Nobilis Seniorenresidenz
Troisdorf

General information about the nursing home

- located in the center of Troisdorf and has 38 assisted living units and 67 nursing places
- many common rooms and therapy rooms
- for celebrations there are roof terraces
- there are different activities for the seniors and four meals every day.

The visit

- Before we visited the nursing home we planned the activities we wanted to carry out.
- We introduced ourselves by picking out an adjective that represents our personality.
- We performed a small dance to a German popular song.



Games we played:

- we had planned a dance in a sitting position
- we played pantomime with the seniors
- The seniors were very interested and excited and asked many questions



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- It was a great experience seeing how happy we could make these seniors without a big effort. We certainly will visit them again one day.

